

SEED INSTITUTE AND THE STRIKING EAGLE WELL BEING PROJECT

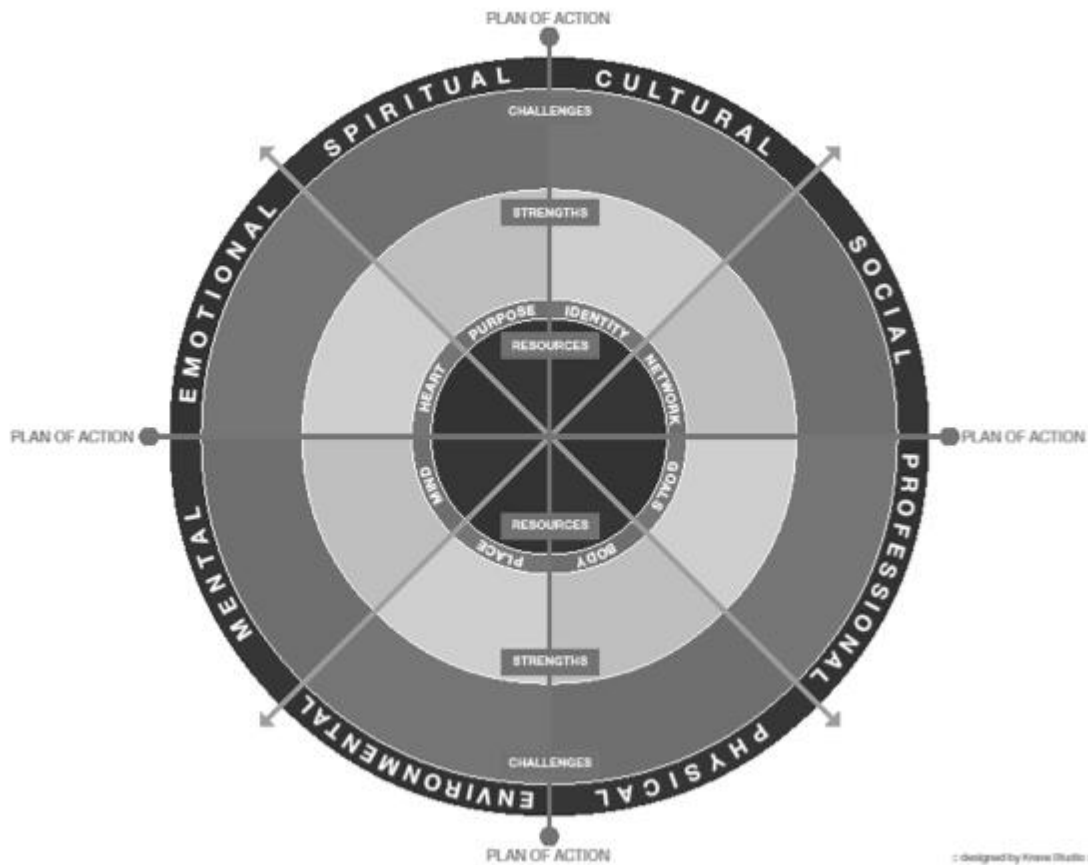
Presents

**THE FIRST ANNUAL INDIGENOUS
WELL BEING CONFERENCE**

**APRIL 25-28, 2011
EMBASSY SUITES
ALBUQUERQUE, NEW MEXICO**

“Planting the Sacred Roots of Healing and Well Being”

*A unique learning experience that will connect spiritual, mental, social, and physical
Well being life endeavors from indigenous and western perspectives*



**WORKSHOPS - DIALOGUE SESSIONS – WELL BEING INFORMATION – NETWORKS
TRADITIONAL NIGHT –OPENING GALA DINNER – FILM REVIEW**

CURRENT CONFIRMED GUEST SPEAKERS:

James O’Dea (Social Healing Project); Krishna Madappa, (Essence of Life Founder); (Sandra Begay-Campbell (Sandia National Labs); and Mona Polacca (13 Indigenous Grandmothers);

CURRENT WORKSHOP INVITEES:

Melvin Monette (American Indian Graduate Center, HIV Prevention Project); Cynthia Walker (Friends of Indigenous Elders of Amerika); Geneva Becenti (UNM Indigenous Languages); Ricardo Cate’ (Native American Humor); Notah Begay, Sr. (Notah Begay Foundation);

Background of the Well Being Model



In 2006, Shawn Lee Secatero Ph.D., a member of the Canoncito Band of Navajos began using a well being model that was inspired by his Navajo elders. The well being model encompassed spiritual, mental, social, and physical well being pillars as each of these pillars must coincide with harmony and balance for any individual to reach their life endeavors and success.

Dr. Secatero further incorporated these four important well being pillars into his dissertation study, “Beneath our sacred minds, hands, and hearts: stories of persistence and success among American Indian graduate and professional students.” He interviewed 23 Native graduate students from around the country on success and persistence factors in their chosen fields of study. Upon completion of the dissertation study, the emotional, cultural, environmental, and professional well being pillars were added as part of identified success factors in life.

A sacred model was planted which included indigenous and modern day attributes and it continues to grow...In this respect and the blessings from his elders and research participants, the SEED Institute and the Striking Eagle Well Being project are very honored to share the sacred roots of healing and well being with you.....join us in Albuquerque from April 25-28, 2011 as we embark on a beautiful journey and experience....

Conference Design

The Indigenous Well Being conference is unique in its conference design. Conference participants will have the choice of working in smallfamilies or clans that include water, air, fire, earth clans. They will work as a communal unit to dialogue about the eight sacred pillars.

Learn how to balance all of your resources, strengths, challenges, and develop a plan of action to envision success and happiness in your life through workshops, dialogue, innovative workshops, invigorating speakers, networking, and well- being learning opportunities.

SPIRITUAL WELL BEING (Purpose) <ul style="list-style-type: none"> • Healing and forgiveness • Life-long learning • Learning from elders • Faith in one’s self and family • Sacredness in learning 	CULTURAL WELL BEING (Identity) <ul style="list-style-type: none"> • Language and family structure • Cultural norms and customs • Subculture (gender, sexual orientation) • Historical background • Arts and expression
MENTAL WELL BEING (Mind) <ul style="list-style-type: none"> • Learning how to learn • Critical thinking • Balancing home and modern world • Stress management • Creativity 	EMOTIONAL WELL BEING (Heart) <ul style="list-style-type: none"> • Happiness and life fulfillment • Anger management • Intimacy • Positive character development • Openness to new experiences
PHYSICAL WELL BEING (Body) <ul style="list-style-type: none"> • Personal hygiene • Healthy diet and exercise • Disease prevention • Substance Abuse prevention • Positive self-concept and image 	ENVIRONMENTAL WELL BEING (place) <ul style="list-style-type: none"> • Home environment • Work or school environment • Respect for nature • Science and technology • Adaptation to new environments
SOCIAL WELL BEING (Relation) <ul style="list-style-type: none"> • Network of friends • Colleagues • Family relationships • Communication • Cooperation 	PROFESSIONAL WELL BEING (Goals) <ul style="list-style-type: none"> • Career development • Financial literacy • Grant Writing • Organization skills • Effective Planning

SEED Institute

The Source for Educational Empowerment and Community Development (SEED) was founded in 1996 to bridge indigenous wisdom and western ways of knowing. The mission of SEED is to bring together indigenous and other ways of knowing in dialogue for the purpose of fostering original thinking which is increasingly inclusive, interconnected, and whole. A proposed Masters of Arts program will have five lodges: earth, air, fire, water, and spirit and will grant a degree in original thought; indigenous ways of knowing; science and cosmology; ecology, integral healing and expressive arts.

The Striking Eagle Well Being Project

The Striking Eagle Well Being Project is a wellness research initiative that was developed in 2009 by Shawn Secatero as part of an on-going study on indigenous wellness factors. Dr. Secatero has presented his well being model throughout the United States, New Zealand, and Australia to further promote his research. The name of the project was inspired by a story told by his late great grandmother, Jessie Platero, who offered these wise words to all people, “Envision a sacred eagle. Always remember who you are, where you are from, and where you are going in life; you all have strong young wings and I am sure you are eager to fly higher.”

WELL BEING CONFERENCE TENTATIVE SCHEDULE OF EVENTS
(subject to change upon room availability and scheduling)

Monday, April 25, 2011

5:00 p.m.	Conference Registration Opens
6:00 p.m.	Opening Prayer and Keynote address
6:30 p.m.	Introduction to Well Being Model: Shawn Secatero, Ph.D.
7:00 p.m.	Group Assignments for Conference Participants
8:00 p.m.	Dinner Gala: To be announced
10:00 p.m.	Closing of Opening Day

Tuesday, April 26, 2011

8:00 a.m.	Conference Registration Opens
8:15 a.m.	Opening Daily Prayer and Keynote address
9:00 a.m. – 10:30 a.m.	First session
10:45 a.m.- 12:15 p.m.	Second session
12:30 p.m. – 1:45 p.m.	Lunch (included with conference registration)
2:00 p.m.-3:30 p.m.	Third session
4:00 p.m. – 5:45 p.m.	Dialogue Session
6:00 p.m. – 7:45 p.m.	Dinner on your own
8:00 p.m. – 10:00 p.m.	Traditional Night (conference participants talent)

WENDESDAY, APRIL 27, 2011

8:00 a.m.	Conference Registration opens
8:15 a.m.	Opening Prayer and Keynote address
9:00 a.m. -10:30 a.m.	Fourth Session
10:45 a.m. -12:15 p.m.	Fifth Session
12:30 p.m. – 1:45 p.m.	LUNCH (included with conference registration)
2:00 p.m. – 3:30 p.m.	Sixth session
3:45 p.m. – 5:45 p.m.	Dialogue Session II
6:00 p.m. – 7:45 p.m.	Dinner on your own
8:00 p.m. – 10:00 p.m.	Indigenous Film Dialogue

THURSDAY, APRIL 28, 2011

8:00 a.m.	Conference registration opens
8:15 a.m.	Opening daily prayer and keynote address
9:00 a.m. – 10:30 a.m.	Seventh session:
10:45 a.m. -12:15 p.m.	Eighth session
12:30 p.m. – 1:45 p.m.	LUNCH (included with conference registration)
2:00 p.m. – 4:45 p.m.	Well Being Model Final Presentations by Groups
5:00 p.m. – 6:00 p.m.	Evaluations and Closing of Conference

INDIGENOUS WELL BEING CONFERENCE RATES

All conference rates include a daily three course lunch at Embassy Suites, admission to conference events and evening performances. Patrons not registered at the conference will be charged \$10.00 to enter evening events or performances. Daily passes can be purchased on-line at our web page SEED Graduate Institute for \$100.00 per person. LIMITED # OF SEATS.

REGISTRATION TYPE:	Special On-line Registration Before 2/1/11	January 1-Feb. 28, 2011 (Early Bloomer)	March 1 – April 15, 2011 (late Bloomer)	ON SITE Registration or After April 15, 2011.
Corn Stalk (includes SEED Annual membership)	\$200.00 _____	\$250.00 _____	\$300.00 _____	\$400.00 _____
Wisdom Keeper (Elders over 60 years of age)	\$150.00 _____	\$200.00 _____	\$250.00 _____	\$300.00 _____
Knowledge Planter (College students)	\$125.00 _____	\$150.00 _____	\$175.00 _____	\$200.00 _____
Seedlings (high school and junior high students)	\$100.00 _____	\$125.00 _____	\$150.00 _____	\$175.00 _____
SEED Tassel Supporter (*)	\$200.00 _____	\$250.00 _____	\$300.00 _____	\$350.00 _____
TOTALS:				

(*) Seed Tassel Foundation supporters are individuals who regularly contribute to SEED. If you would like to become a SEED Tassel foundation supporter, please contact us. We will send you a Registration confirmation once all required information is received in our office.

REGISTRATION METHODS

PHONE:	BY FAX:	ONLINE:	BY MAIL:
(505) 792-2900 9:00 a.m. to 4:00 p.m. (MST) to Speak with our friendly SEED staff members.	(505) 265-4655	www.seedgraduateinstitute.org Visa, Master card, and American Express cards accepted on our secure website.	SEED Institute 119 Quincy NE Suite W Albuquerque N.M. 87108

INDIGENOUS WELL BEING CONFERENCE REGISTRATION FORM:

Name: _____ Date: _____

Address: _____
(Street Address or P.O. Box #) City State Zip Code

Circle One: VISA MASTERCARD AMERICAN EXPRESS PERSONAL CHECK

Email: _____ Phone: () _____

Credit Card/Check # _____ Expiration Date: _____

Signature: _____ Name on Card/Check: _____

Cancellation Policy: A refund of the conference tuition less a \$100 processing fee is available if SEED is notified in writing of your cancellation at least 30 (thirty) days prior to the start of the conference. A full in house credit toward a future conference or SEED event is available, provided that SEED in notified of cancellation within 14 days of the conference start date. No refunds will be given within 30 days of the conference.



EMBASSY SUITES®

Albuquerque - Hotel & Spa



Reservations will be made by individuals calling the Embassy Suites Brand Reservations number, 1-800-EMBASSY. Individuals must identify themselves as being with the Indigenous Well Being Conference Organization at the time the reservation is made in order to receive the group rate.

SPECIAL CONFERENCE RATES FOR ROOMS:

Single Rate: \$125.00 Double Rate: \$125.00 Triple Rate: \$135.00 Quad Rate: \$145.00

Hotel room rates are quoted per room per night and are subject to applicable state and local taxes at time of check in. Taxes are currently 13% plus applicable charges.

Indigneous Well Being Conference, April 25-29, 2011.

The award winning **Embassy Suites Albuquerque – Hoteland Spa** is located in the downtown corridor with 261 spacious suites and 30,000 square feet of flexible meeting space.

Location, Location, Location!

Albuquerque’s newest hotel is conveniently located overlooking downtown. The Embassy Suites Hotel and Spa offers great accessibility to any of Albuquerque’s most notorious entertainment/dining/shopping districts including: Downtown, Historic Old Town, Nob Hill, and Uptown. Your guests can enjoy a wide variety of entertainment and dining options every night. Also consider this...

- Located just (3) miles from the Albuquerque International Airport
- 500 plus complimentary parking spaces
- Just (1) mile from the Albuquerque Convention Center.



The Suite Life!

Each guest will enjoy the comfort and conveniences of a two-room suite.

- In-room refrigerator, microwave oven, coffee maker, iron/ironing board, and hair dryer
- Two large desks in each suite
- Wireless Internet Service
- Dual phone lines plus Ethernet line with data port connectivity
- 24-hour business center with computer, fax machine, photocopier, telephone, and lots of working space.

Good Morning!

Wake up to our naturally lit nine-story atrium; surrounded by lush exotic plants and flowers, the atrium is filled with the sounds from two stone waterfalls creating a backdrop for relaxation.

- Each guest receives a complimentary USA Today
- Our culinary staff will prepare a full cooked-to-order breakfast



Relax!

Every evening, your guests will be treated to a

- Complimentary Managers' reception featuring alcoholic and non-alcoholic beverages and hors d'oeuvres
- Guests can also relax in our full service day spa—**Spa Botanica**—or just enjoy a swim in our indoor pool, whirlpool, and 24-hour fitness room.

TRAVEL RESERVATIONS

American Airlines is offering a 5% discount. Book online at www.AA.com PROMOTION CODE: 6741DB

Car Rental: Avis group discount. Call 1-800-331-1600. PROMOTION CODE: AWD G027999

Shuttle Service is also available from the Albuquerque International Sunport, book in advance at 505-883-4966.

THANK YOU

Again, thank you for your interest in the Indigenous Well Being conference as we look forward to seeing you in Albuquerque. Please contact me at your earliest convenience if you have any questions or concerns. Si'ahNaaghai' Bi'kehHozhoon (May you continue to walk the beauty way path in life).

Sincerely,

A handwritten signature in cursive script, appearing to read "Shawn Secatero".

Shawn Secatero, Ph.D.
SEED President and CEO