

**FIRST ANNUAL INDIGENOUS  
WELL BEING CONFERENCE**

**April 25-28, 2011**

**Embassy Suites**

**Albuquerque, New Mexico**

**CALL FOR PRESENTATIONS**

Dear Prospective Presenter:

December 1, 2010

Thank you for your interest in proposing a presentation at our First Annual Indigenous Well Being Conference. We look forward to a great educational event that will empower conference participants in well-being initiatives. During this inaugural year, our theme is *"Planting the SEED of Knowledge; our sacred roots of healing and well-being."* We are extremely honored to host this conference as part of the SEED Institute and the Striking Eagle Well Being Project.

**SEED Institute**

The Source for Educational Empowerment and Community Development (SEED) was founded in 1996 to bridge indigenous wisdom and western ways of knowing. The mission of SEED is to bring together indigenous and other ways of knowing in dialogue for the purpose of fostering original thinking which is increasingly inclusive, interconnected, and whole. A proposed Masters of Arts program will have five lodges: earth, air, fire, water, and spirit and will grant a degree in original thought; indigenous ways of knowing; science and cosmology; ecology, integral healing and expressive arts.

**The Striking Eagle Well Being Project**

The Striking Eagle Well Being Project is a wellness research initiative that was developed in 2009 by Shawn Secatero as part of an on-going study on indigenous wellness factors. Dr. Secatero has presented his well-being model throughout the United States, New Zealand, and Australia to further promote his research. The name of the project was inspired by a story told by his late great grandmother, Jessie Platero, who offered these wise words to all people, "Envision a sacred eagle. Always remember who you are, where you are from, and where you are going in life; you all have strong young wings and I am sure you are eager to fly higher."

**Background of the Well Being Model**

In 2006, Dr. Shawn Lee Secatero, a member of the Canoncito Band of Navajos, began using a well-being model in his dissertation that was advised by his Navajo elders. The well-being model encompassed spiritual, mental, social, and physical well-being pillars as each of these pillars must coincide with harmony and balance for any individual to reach their life endeavors.

Dr. Secatero further incorporated these four important well-being pillars into his dissertation study, "Beneath our sacred minds, hands, and hearts: stories of persistence and success among

American Indian graduate and professional students.” He interviewed 23 Native graduate students from around the country on success and persistence factors in their chosen fields of study. Upon completion of the dissertation study, the emotional, cultural, environmental, and professional well-being pillars were added as part of identified success factors in life.

A sacred model was planted which included indigenous and modern day attributes and it continues to grow...In this respect and the blessings from his elders and research participants, the SEED Institute and the Striking Eagle Well Being project are very honored to share the sacred roots of healing and well-being with you.....join us in Albuquerque from April 25-28, 2011 as we embark on a beautiful journey and experience....

### Conference Design

The Indigenous Well Being conference is unique in its conference design. Conference participants will have the choice in working as small families or clans such as: water, air, fire, earth clans. They will work as a communal unit and dialogue about the eight sacred well beingpillars.***The basic premise of the conference is to learn how to balance resources, strengths, challenges, and develop a plan of action to envision success through workshops, dialogue, innovative workshops, invigorating speakers, networking, and well-being learning opportunities.***

### CONFERENCE WORKSHOP PROPOSAL FORM

Here are several examples of well-being topics that may interest you or it may be part of your professional specialty/research. Please identify which well-being pillar you would like to address as part of your proposed workshop/presentation by checking the appropriate box and circling your topic.

<p><b>SPIRITUAL WELL BEING (Purpose) _____</b></p> <ul style="list-style-type: none"> <li>• Healing and forgiveness</li> <li>• Life-long learning</li> <li>• Learning from elders</li> <li>• Faith in one’s self and family</li> <li>• Sacredness in learning</li> <li>• Other: _____</li> </ul>	<p><b>CULTURAL WELL BEING (Identity) _____</b></p> <ul style="list-style-type: none"> <li>• Language and family structure</li> <li>• Cultural norms and customs</li> <li>• Subculture (gender, sexual orientation)</li> <li>• Historical background</li> <li>• Arts and expression</li> <li>• Other: _____</li> </ul>
<p><b>MENTAL WELL BEING (Mind) _____</b></p> <ul style="list-style-type: none"> <li>• Learning how to learn</li> <li>• Critical thinking</li> <li>• Balancing home and modern world</li> <li>• Stress management</li> <li>• Creativity</li> <li>• Other: _____</li> </ul>	<p><b>EMOTIONAL WELL BEING (Heart) _____</b></p> <ul style="list-style-type: none"> <li>• Happiness and life fulfillment</li> <li>• Anger management</li> <li>• Intimacy</li> <li>• Positive character development</li> <li>• Openness to new experiences</li> <li>• Other: _____</li> </ul>
<p><b>PHYSICAL WELL BEING (Body) _____</b></p>	<p><b>ENVIRONMENTAL WELL BEING (place) _____</b></p>

<ul style="list-style-type: none"> <li>• Personal hygiene</li> <li>• Healthy diet and exercise</li> <li>• Disease prevention</li> <li>• Substance Abuse prevention</li> <li>• Positive self-concept and image</li> <li>• Other: _____</li> </ul>	<ul style="list-style-type: none"> <li>• Home environment</li> <li>• Work or school environment</li> <li>• Respect for nature</li> <li>• Science and technology</li> <li>• Adaptation to new environments</li> <li>• Other: _____</li> </ul>
<b>SOCIAL WELL BEING (Relation) _____</b> <ul style="list-style-type: none"> <li>• Network of friends</li> <li>• Colleagues</li> <li>• Family relationships</li> <li>• Communication</li> <li>• Cooperation</li> <li>• Other: _____</li> </ul>	<b>PROFESSIONAL WELL BEING (Goals) _____</b> <ul style="list-style-type: none"> <li>• Career development</li> <li>• Financial literacy</li> <li>• Future goals and development</li> <li>• Organization skills</li> <li>• Effective Planning</li> <li>• Other: _____</li> </ul>

If your conference workshop or proposal is accepted, you will receive complimentary registration to the First Annual Indigenous Well Being Conference which includes admission to workshops, lunch, conference materials, and evening activities. It is the responsibility of the chosen presenter to be financially responsible for their lodging arrangements, presentation equipment (AV, internet connection, power-point projector, handouts, etc.) and travel. Rooms are equipped with electrical outlets.

Presenter: \_\_\_\_\_ Co-Presenter: \_\_\_\_\_  
Title: \_\_\_\_\_ Title: \_\_\_\_\_  
Address: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone #: (     ) \_\_\_\_\_ Phone #: (     ) \_\_\_\_\_  
Email: \_\_\_\_\_ Email: \_\_\_\_\_

Title of Conference Workshop: \_\_\_\_\_  
(Break-out conference sessions will be allocated 90 minutes).

Audience: ALL    Professionals    Elders    College    High School    Adults

Synopsis of Workshop (in less than 100 words):

## **Guidelines for Presenters:**

**Presenters must conduct their workshops at their assigned date and time session. Confirmations will be sent to your address and be electronic mail by March 1, 2011. Due to the mutual respect between SEED and the chosen presenter, it is advised to notify our organization in writing in the event of a workshop cancellation by April 1, 2011. Conference No shows place an unfair burden on our planning committee and conference attendees who look forward to attending the workshop.**

**Workshop break-out sessions are not equipped with audio-visual equipment and it will be the responsibility of the presenter to make prior arrangements with Embassy Suites Hotel. Presenters are responsible in making arrangements for rental costs of audio/visual equipment needs in their workshops. Presenters may bring their own audio visual equipment as SEED does not provide storage, assume responsibility or liability.**

**Since this is our first conference, we anticipate that workshop break-out sessions will be attended by 30 conference participants for each session.**

**Lead Presenter is required to verify room assignments, attendance and check in at the registration desk.**

## **WORKSHOP PROPOSAL DEADLINES:**

<b>Call for Workshop Proposals date:</b>	<b>December 1, 2010</b>
<b>Deadline for Workshop Proposals at SEED Office</b>	<b>February 1, 2011</b>
<b>Proposal Notifications (acceptance/denial)</b>	<b>March 1, 2011</b>
<b>Final Confirmation to present workshop (Presenters must register with Indigenous Well Being Conference)</b>	<b>March 15, 2011</b>
<b>Workshop Cancellation Notifications Due</b>	<b>April 1, 2011</b>

**WELL BEING CONFERENCE TENTATIVE SCHEDULE OF EVENTS**  
*(subject to change upon room availability and scheduling)*  
**Monday, April 25, 2011**

5:00 p.m.	Conference Registration Opens
6:00 p.m.	Opening Prayer and Keynote address
6:30 p.m.	Introduction to Well Being Model: Shawn Secatero, Ph.D.
7:00 p.m.	Group Assignments for Conference Participants
8:00 p.m.	Dinner Gala: To be announced
10:00 p.m.	Closing of Opening Day

**Tuesday, April 26, 2011**

8:00 a.m.	Conference Registration Opens
8:15 a.m.	Opening Daily Prayer and Keynote address
9:00 a.m. – 10:30 a.m.	First Break out session
10:45 a.m.- 12:15 p.m.	Second Break out session
12:30 p.m. – 1:45 p.m.	Lunch (included with conference registration)
2:00 p.m.-3:30 p.m.	Third Break out session
4:00 p.m. – 5:45 p.m.	Dialogue Session
6:00 p.m. – 7:45 p.m.	Dinner on your own
8:00 p.m. – 10:00 p.m.	Traditional Night (conference participants talent)

**WENDESDAY, APRIL 27, 2011**

8:00 a.m.	Conference Registration opens
8:15 a.m.	Opening Prayer and Keynote address
9:00 a.m. -10:30 a.m.	Fourth Break Out Session
10:45 a.m. -12:15 p.m.	Fifth Break Out Session
12:30 p.m. – 1:45 p.m.	LUNCH (included with conference registration)
2:00 p.m. – 3:30 p.m.	Sixth Break Out session
3:45 p.m. – 5:45 p.m.	Dialogue Session II
6:00 p.m. – 7:45 p.m.	Dinner on your own
8:00 p.m. – 10:00 p.m.	Indigenous Film Dialogue

**THURSDAY, APRIL 28, 2011**

8:00 a.m.	Conference registration opens
8:15 a.m.	Opening daily prayer and keynote address
9:00 a.m. – 10:30 a.m.	Seventh break out session
10:45 a.m. -12:15 p.m.	Eighth break out session
12:30 p.m. – 1:45 p.m.	LUNCH (included with conference registration)
2:00 p.m. – 4:45 p.m.	Well Being Model Final Presentations by Groups
5:00 p.m. – 6:00 p.m.	Evaluations and Closing of Conference

